

PMRV NEWS

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March 2012

We were none too happy to see that the groundhog saw his shadow---meaning six more weeks of winter. We made the best of it, though, by celebrating Groundhog Day with the St. Paul kindergarten class. Our residents hid paper groundhogs that they had colored and cut out. The kindergarteners had a fun time going up and down our halls trying to find them all. Afterwards, everyone had refreshments in the dining room.



National Wear Red Day is celebrated on the 1st Friday of February. We wore red to show our support for awareness of heart disease. It is sponsored by the National Heart, Lung, and Blood Institute, part of the National Institutes of Health, U.S. Department of Health and Human Services. Heart disease is the #1 health threat to women.



Our residents joined the St. Paul 2nd graders in creating beautiful butterflies out of bowling pins that were donated by the Erie Bowling Alley. Our residents painted them bright blue, red, and yellow. The 2nd grade class joined our residents in painting "Texas Coffee Filters" with water colors in order to create their own individual pattern for the butterfly wings. The completed butterflies will brighten up our décor at PMRV, plus each of the 2nd graders will get a butterfly to keep for themselves.



I have seen some evidence that there may be some more creative ideas brewing with the bowling pins.

Everyone had a great time at the Valentine's Day Party. Jennifer Salazar played piano and sang several of our favorite songs, with many of our residents joining in! Agnes Parker and Carl Graham were crowned "Valentine's King and Queen". Agnes is our oldest "lady resident" at 100 years old. Carl Graham is our oldest "gentleman resident" at 97 years old. Congrats to both!



Everyone wore their colorful Mardi Gras beads on "Fat Tuesday". PMRV was decorated with bright, sparkly Mardi

Gras masks that the residents had made and decorated in years past.

That afternoon a "Mini Casino" was set up in our dining room. The residents tried their luck at playing various games, and at the end they were able to cash in their chips to buy a variety of different items. Now, how FUN is that?



Friends and relatives hosted a 90th Birthday Party for Eloise Owen on January 5th. The dining room was filled with activity, conversation, laughter—and of course, birthday cake!



"A LITTLE BIT OF FUNNY"

Q. How does an Eskimo mend his house?

A. With I-Glue!



Thought for the Day

If the only prayer you said was "Thank you", that would suffice.

LEAP YEAR TRIVIA

Did you know that a year isn't really 365 days? It actually takes our planet 365 $\frac{1}{4}$ days to revolve around the sun. That is why we have an extra day in February every 4 years.

In 1582 Pope Gregory X111 ruled that Leap Year be skipped every 4 centuries.

400 years ago, women weren't allowed to propose marriage...except on Leap Year. Do you suppose the ladies thought that this would make it simpler for their husbands to remember their anniversary?

RESIDENT CORNER

Helen Vitt says she was born in 1921 in rural St. Paul, Kansas. She grew up with 5 brothers and 1 sister on a farm. Helen worked as a teacher after graduating from high school. Later, she attended college and earned her nursing degree in 1949. She practiced her nursing in Ft. Scott, Kansas and in Dallas, Texas for a while and then moved back to St. Paul, where she continued her nursing career at Parsons State Hospital and Training Center in Parsons, Kansas.

After retirement, Helen still remained very active. You would often drive by and see her outside working in her yard or gardening. She has always been involved in church groups, and enjoys spending time with her family and friends.

Helen believes in living life simply and not having more than what you need. She prefers to be generous in helping family, friends, or anyone in need. It has never been important for her to have things—but to share everything that she has.

Helen's niece, Christine, has shared many stories of her Aunt Helen with me. But, then again, I grew up knowing "Aunt Helen". One memory that Christine shared with me was when her Aunt Helen sent her and her older sister on a train ride from Chanute to Kansas City so they could attend the "Starlight Theatre" For a couple of kids, that was a pretty big adventure! In fact Helen provided the means for many vacations and adventures for her nieces and nephews.

Helen enjoys listening to different types of music and singing along in groups. She also likes to participate in our programs with the grade school children and playing Bingo.

When asked what makes her happy, she simply replied that seeing the happiness in others is what makes her smile.

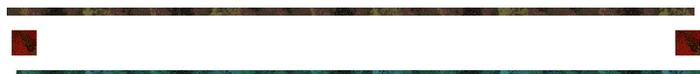
Helen's favorite quote: "You may not be where you want to be...but, you are where you are meant to be."



FEBRUARY BIRTHDAY'S

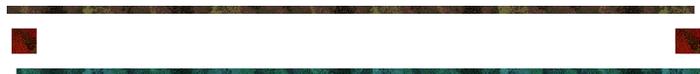
Darlene Turner
Eloise Owen
Deborah Sulenes
Janet Schettler
Winnie Walsh
Deb Jones
Edward Ellis
Lloyd Guy
Evelyn Brungardt
Marlene McAfee
Juanita Schultz
Jerry Doherty

Happy Birthday to all!!



FAMOUS QUOTE

Never be afraid to do something; remember amateurs built the Ark. Professionals built the Titanic.



IN REMEMBRANCE

You will always be remembered and never forgotten.

Ray Ward 1/16/1933--2/26/2012

Earlene Johnson 12/21/1931—2/29/20

